

3SAMCUP.FRLAX.DE
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INVITATION

3SAMCUP 2026

Dear Lacrosse-Community!

Once again in 2026 we invite you to the legendary 3SamCup; Look forward to exciting games, sunshine, cooling off in the Dreisam, and a party in the evening. Come by and have an amazing time with old and new friends!

WHEN? From **July 31 – August 2, 2026** we want to warmly welcome you for **the 10th 3SamCup!** Arrival on Friday, games on Saturday and Sunday.

WHAT? Set against a breathtaking Black Forest backdrop, featuring two newly installed wind turbines, we look forward to exciting matches in the familiar small-field format (eight players on the field).

As we did in 2025, we'll be playing in three divisions: **Men's, Women's and Mixed Lacrosse (Women's Rules)**

As always, camping on site, the Saturday party, and breakfast throughout the weekend are included! Each team must provide a certified official (L1/white or higher).

€€€ This year's registration fee per team is **€300 for up to ten players**, plus €30 for each additional person.

Late registrations in the week before the tournament (from July, 27) result in a late fee of €10 per team.

REGISTER! You can apply for a spot with your team starting now and **until May 15** using the following form:

fs7.eu/3sam-register-en

About a week later, we'll announce the participating teams. Registration as a pick-up player is possible as well via:

fs7.eu/3sam-pick-en

We'll match you with a team!

CONTACT! If you have any questions, please get in touch!

Mail: 3samcup@frlax.de

WhatsApp: wa.me/+491678414943

Instagram: [@freiburglacrosse](https://www.instagram.com/freiburglacrosse)

All news, as well as impressions from the last years can be found on our website:

3samcup.frlax.de/en

We are looking forward for your applications and for a great weekend full of Sun, Fun and Lacrosse!

Your Pumas Freiburg

PS: Don't forget your swimwear!

3SamCup 2026
is supported by:

 Sparkasse
Freiburg-Nördlicher
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